

Sharon Shani

Address: 20141 Rancho Bella Vista, Saratoga CA 95070

Phone: 408-821-2490

Email: shanat111@gmail.com

Summary

I'm passionate about helping people achieve a balanced and healthy lifestyle. I'm an active listener who is empathetic and supportive without judgment or prejudice, and I believe in the human potential to heal and succeed.

I'm authorized to work in the United States. I'm happy to provide any certifications or recommendations upon request.

Education

Alliant International University | 2020- completed

Master in clinical counseling (PCC)

Ariel University in Ariel | Feb 2012 – June 2014

B.A. in Social Work

The Center for Academic Studies - Or Yehuda Israel | Feb 2008 – June 2011

B.A. in Psychology with honors

Work Experience

Maxim 2025-present (part time)

IBS specialist

Provided support to youth who struggles with autism. The work taught me a lot about acceptance and see where the client at. My role is to make sure the client is reducing harmful behaviors and his/her wellness can increase as well as his/her success and function.

Aaci Asian community services | Dec 2024-March 25

Case manager

Provided support and case management (home based services). The focus was to meet the client (child/teen) in person at least once a week and to work with him/her on his goals and his treatment plan. I used behavioral approaches, CBT approaches and therapeutic skills to support clients in his journey for well being and to reduce mental health symptoms such as depression, anxiety, eating disorders and PTSD. I experienced working with a professional team including: therapist, clinician coordinator (ICC), supervisor and psychiatrist. In addition, part of the role is good rapport with the caregivers so I could support the parent during a crisis and guide him for a more effective parenting style.

Abode Services | Jan 2023-Jun 23

Harm Reduction Specialist and Case Manager

Combination of case management and harm reduction. I supported individuals to reduce harm and practice healthier ways to feel better. It included Motivational Interview, crisis interventions and emotional support using skills such as active listening, empathy, and acceptance.

Hope program- sex offenders | May 2021- June 2022

Clinician (internship)

Treat sex offenders who struggle with multiple issues: addictions, relationships, job and housing. The work includes facilitating groups, individual sessions, conducting assessments and writing progress notes. I work with the system called OCM, write (there) progress notes, attendance, assessments and communicate with parole agents. The major goal in this role is to prevent sex offenders from reoffending. Other goals are to maintain healthy relationships, job and recovery.

Telecare- Muriel Wright | November 2020- June 2021

Residential coordinator in a crisis facility (inpatient facility)

Work with adults with dual- diagnosis: Addiction and mental health issues. Provide support, care and facilitate coping skills groups. The program's mission is to help the clients to stay clean/sober and to learn how to maintain their recovery with life and coping skills. I need to pay attention to the client's needs and meet the client where is at. Also, I want to make sure that the clients follow the house/community rules and their treatment plan as part of their recovery.

California Anchor Resident Group Home | November 2016-November 2020

Counselor for youths in a risk (group home)

Work with adolescent girls under the care of Child Protective Services. Provide emotional support and encouragement to follow house rules, and assistance in transportation to school and day to day obligations. Participate in multidisciplinary professional meetings to build and follow a support plan for each girl. Fill incident report forms and police reports forms as necessary.

Social Services Office | Oct 2012 – May 2014

Social worker internship

Support families with emotional and financial difficulties and help them through weekly sessions and home visits. Tours in women's shelters, home visits for patients with addictions and single-parent families.

Focused Psychotherapy Association | Jan 2010- Oct 2012

Lead administrator

Provide administrative service to the professional association members, including

financial management, website management, publications, and more. Recruit new candidates to the association and organize and orchestrate the association events.

Beta Caffe Coffee Shop | Jan 2007- Oct 2009

Barista

Volunteer Experience

Enosh - Israel Association for Mental Health | May 2009 – Aug 2011

Volunteer

Work with mentally ill individuals and their families. Provide emotional support and life tools for a more productive life in their community and workplace.

Military Service

Israeli Defense Forces | April 2002 -Jan 2004

Battalion Commander Administrator

Served as the office administrator of a Battalion Commander Office.