

Tristan Gagliano

(310)703-2993 - tristang133@gmail.com – Sacramento, CA

Professional Summary

Aspiring public servant with leadership experience, strong communication skills, and a commitment to community engagement. Proven ability to manage high-pressure environments, work in teams, and resolve conflicts. Eager to contribute to a fast-paced legislative office and support meaningful policy work.

Skills

- Research
- Public Speaking
- Conflict Resolution
- Event Coordination
- Communication

Education

California State University, Sacramento — Bachelor of Arts in Communication Studies

Professional Experience

Cafeteria 15L — Server

Sacramento, CA | Apr 2022 – Present

- Promoted twice since 2022 for consistent performance.
- Deliver exceptional customer service in a fast-paced setting.
- Manage multiple tables while ensuring accuracy and efficiency.
- Resolve customer concerns with professionalism.
- Train new staff on procedures and service standards.
- Collaborate with management to identify and recommend candidates aligned with company culture.

Kappa Sigma Fraternity — President

Sacramento, CA | Nov 2022 – Nov 2024

- Elected to lead a 50+ member organization through two terms.
- Oversaw chapter operations, budgets, meetings, and strategic planning.
- Improved attendance, GPA, community service hours, and fundraising results.
- Built strong relations with alumni, university, and national orgs.
- Developed crisis response and risk management strategies.
- Led investigations and worked with university administration to resolve issues.

Kappa Sigma Fraternity — Vice President

Sacramento, CA | Nov 2021 – Nov 2022

- Supported chapter operations and led executive board meetings.
- Helped manage budgeting and ensure compliance with guidelines.
- Oversaw judicial board hearings and implemented safety protocols.

The Cheesecake Factory — Food Runner
Sacramento, CA | May 2021 – May 2022

- Promoted twice within one year.
- Maintained accuracy and pace during busy service hours.
- Ensured effective communication between front and back-of-house.

Transformation Wellness Centers — Office Assistant
Redondo Beach, CA | Jan 2018 – Dec 2019

- Managed appointments, phone lines, and walk-ins in a professional setting.
- Helped coordinate events and maintain organized office records.

Volunteer Experience

UFC Gym, Torrance — Kids Jiu Jitsu Coach (Jan 2017 – Dec 2019)

- Created an inclusive, structured learning environment for youth.
- Taught complex techniques using accessible communication.
- Promoted respect and discipline through positive coaching.